

# Bristol City Community Trust in partnership with Mencap



Bristol City Community Trust



#MakingBristolProud

## Walking Football Taster Session

What is Walking Football?



- It's a walking version of football
- A chance to meet new people
- A way to get fit

Who can take part?



Everyone, regardless of ability

It doesn't matter if you have never played before

When is it happening?



Tuesday 25  
September



11am



12pm

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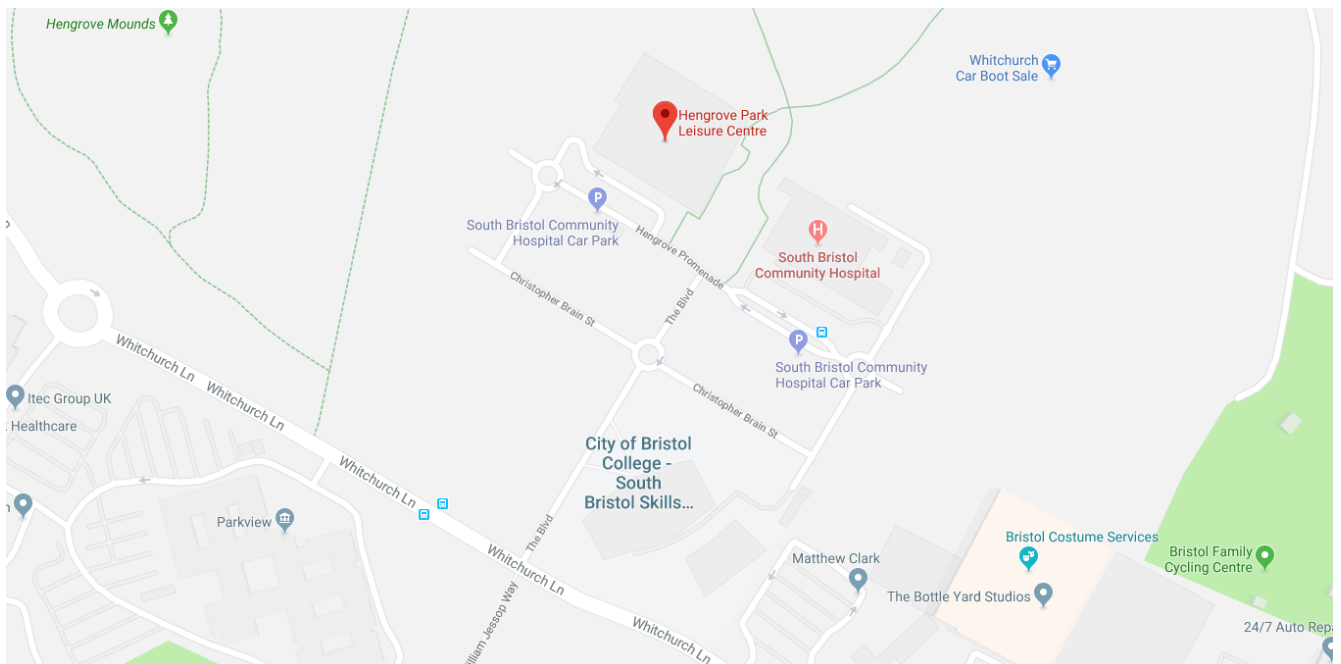
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## Walking Football Taster Session

Where is it taking place?

Hengrove Park Leisure Centre  
Hengrove Promenade, Hengrove Park, Bristol, BS14 0DE



How can I take part?



Get in touch with Parm by;



[parminder.singh@mencap.org.uk](mailto:parminder.singh@mencap.org.uk)



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