

C A N D I D A T E P A C K

SWEDA

#ENGAGE

#ENABLE

#EMPOWER

★
2021
Winner

GSK IMPACT Awards
In partnership with
The King's Fund

THERAPEUTIC SUPPORT WORKER
BRISTOL

About SWEDA

Somerset & Wessex Eating Disorders Association, better known as SWEDA, is a regional charity supporting people affected by eating disorders across Somerset and the surrounding area.

Set up in 1992 by a group of sufferers and carers, SWEDA has since provided a range of services for people struggling with anorexia, bulimia, binge eating and compulsive overeating.

Our services also provide support to family members and friends engaged in the difficult task of supporting someone close to them. SWEDA is a Pro-Recovery organisation based on the principles of Self-Help. We believe in enabling and empowering individuals, who choose to use our service to aid their recoveries, to live as satisfying a quality of life as possible. We are motivated by the importance of honesty, openness and trust in relationships with all users of the service.

Our Vision:

To support everyone affected by eating disorders across Somerset and Wessex.

Our Mission:

We engage with people affected by eating disorders, including family, friends and carers, by offering hope and enabling access to support services to empower recovery.



Our 9 Core Values

Safe	Respecting boundaries and confidentiality.
Flexible	Providing family friendly services and workplace environment
Professional	Being an exemplar of good practice in all aspects of our work
User Influence	Listening to our clients to ensure they are at the heart of all we do
Ambitious	Motivated and aspirational in our work
Collaborative	Working in partnership with our clients, their families, statutory and voluntary organisations
Pro-recovery	Supporting our clients to remain hopeful that recovery is possible
Compassionate	To our clients, staff, and volunteers in time of need
Holistic	Responding to the complexity of our clients' needs

We believe that all people:

- Have the right to feel they belong and are valued
- Should have the freedom and opportunity to make well informed decisions
- Have the power to change and manage their lives

We endeavour to provide resources and informal, non-stigmatising services, which reflect the needs of the community.

We encourage people to use SWEDA to seek information, support and guidance in order to enhance their opportunities and make informed choices about their lives through the provision of our Support & Guidance sessions, Counselling, Self-Help Groups, College Project and other services.

We are committed to offering opportunities for those in recovery to gain skills and build confidence.

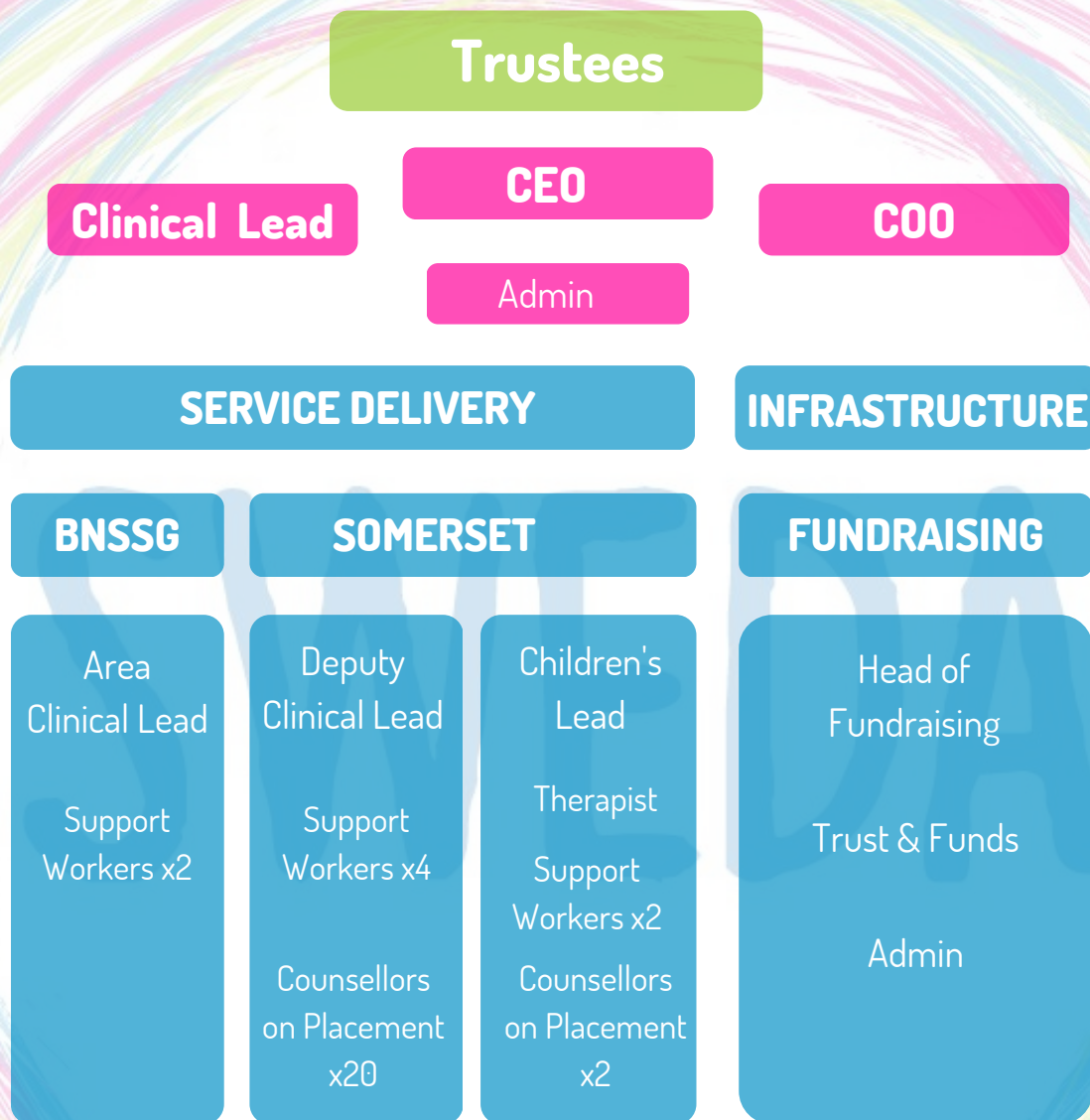


SWEDA is the best place I have ever worked - it is a creative and supportive environment, where everyone has a say and where talents are nurtured

In a recent staff survey, 100% of the respondents agreed that they were proud to be a member of staff at SWEDA



Organisational Structure



Job Description

Job Title:	Therapeutic Support Worker - Bristol
Office Location:	Bristol, North Somerset and South Gloucestershire
Salary:	Salary range between £23,000 - £26,000 FTE
Hours:	37.5 hours per week – Monday to Friday Job share applications welcomed
Contract:	Permanent
Benefits:	Leave: 25 days per annum plus bank holidays Pension: SWEDA contributions – up to 7.5% Flexible Working including some home working CPD – 4 x training courses per year plus tailored training

Tackling eating disorders as early as possible is critical to stop them becoming entrenched. The longer they go on, the more serious the impact on health, wellbeing, and recovery.

We are now looking to expand our services across the Bristol area and are looking for four experienced Therapeutic Support Workers, who will be based within the Bristol, North Somerset & South Gloucestershire (BNSSG) area.

You will be working alongside the NHS Adult Eating Disorder team and other local agencies, including mental health charities, schools, colleges, and GPs, to engage with and to support people affected by an eating disorder in your area. This will include both direct work (counselling) and the delivery of training to young people and professionals on issues relating to eating disorders.

Job Description

We are looking for a candidate who has the necessary skills and experience to fulfil the following role:

MAIN DUTIES & RESPONSIBILITIES

- Provide one-to-one therapeutic interventions including counselling for people affected by eating disorders
- Provide Support & Guidance appointments and signpost to other agencies where necessary
- Ensure client needs are considered in all aspects of the service
- Raise awareness of eating disorders and encourage prevention and early intervention amongst the community
- Build constructive working relationships with other relevant professionals i.e. college staff, GP's, key workers etc
- Liaise with SWEDA's Area Clinical Lead and Chief Operating Officer to ensure the service operates in line with its project plan and objectives
- Ensure services are delivered in accordance with relevant professional standards and ethical guidelines
- Provide a holistic and personalised approach to meeting the needs of clients

OTHER DUTIES & RESPONSIBILITIES

- Support the aims and objectives of SWEDA
- Work with the Area Clinical Lead to develop opportunities for raising awareness, information sharing and training
- Provide services against agreed objectives, project indicators, plans and deadlines
- Maintain a positive working relationship with other team members
- Comply with the culture and policies governing the organisation

MANAGING SELF

- Co-operation - having a positive and co-operative attitude
- Time - meeting agreed deadlines
- Adaptability/flexibility - being open to change and variety in the workplace
- Confidentiality - being respectful of client confidentiality and compliance with SWEDA's Data Protection Policy
- Dependability - being reliable, responsible and dependable; fulfilling obligations
- Initiative - a willingness to take on responsibilities and challenges
- Integrity - being honest and ethical

Person Specification

DETAIL

ESSENTIAL DESIRED

Qualifications & Training:

Recognised therapeutic counselling qualification or be close to obtaining this

X

Listening skills

X

Group Work qualification

X

Experience:

Flexibility and ability to work on own initiative

X

Ability to work as a member of a team

X

Providing one-to-one support

X

Experience of Group Work

X

Experience of relating to vulnerable young people

X

Experience of delivering workshops/training

X

Knowledge:

Sensitivity towards and understanding of eating disorders

X

Understanding the relationship between statutory and voluntary sector

X

Sensitivity and awareness of mental health issues

X

Basic understanding of the principles of Safeguarding legislation

X

Understanding the principles of self-help

X

Key Skills:

Proven interpersonal skills

X

Computer literate

X

Excellent literacy and report writing skills

X

Self-motivated and able to work independently

X

Time management skills

X

Other:

The role may require occasional evening and weekend work

X

Full driving license and use of a car

X

Recruitment Process

Please apply by completing the application form and returning via email to admin@swedauk.org

20th February (midday): Closing date for applications

24th February: Applicants informed they have been successful to attend an interview

8th March: Informal interview/group exercise and opportunity to meet with the SWEDA Team, followed by lunch

20th March: Formal panel interview with members of the SWEDA team

Please note - only those candidates who are successful in the initial group exercise/interview will be invited to attend the formal interview panel day.

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