



Get active this autumn...

Central & East Bristol Macmillan Wellbeing Day for Over 55s

FREE

Join the Macmillan Prevention and Re-enablement Project for its final Wellbeing Day of 2018.

The day will offer people aged 55+ living with and beyond cancer, and their carers, the opportunity to try a variety of fun activities and engage with local services that are available across Central and East Bristol.

To book your place and to find out more please contact LinkAge Network on **0117 353 3042**.

**Tuesday 23rd
October 2018**

11am - 3pm
Bristol Aquarium,
Anchor Road,
BS1 5TT

LinkAge Network is the working name of LinkAge West of England Ltd. Charity No. 1143816 in England and Wales. Company No. 07403291.

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CANCER SUPPORT**

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