

Creative Practice



A 6-week Online Training in Group Facilitation to Expand Your Creativity in Working with Groups

LIFEbeat trainings combine a deep understanding of group process with a keen awareness of the role that creative expression plays in bringing individuals and groups alive:

- Explore your relationship to your creativity
- Learn how to build a safe learning environment
- Learn arts-based activities that enliven learning and build group trust
- Discover how to weave a variety of art forms into your work
- Have lots of fun!

“I have learnt many new games and activities that will be useful in my work. I have also gained confidence especially in art forms I felt comfortable with”, Participant, 2019.

“I learnt lots of new techniques and activities to use with young people. I met lots of similar minded and inspiring professionals”, Youth Worker, 2019.



2 Groups available:

- Tue 5 - 7:30 PM, starts Oct 6th
- Thur 5 - 7:30 PM, starts Jan 14th

Cost:

- £120 - company/individual
- £90 - charity/youth worker
- £60 - student/concession

Open to adults of all ages and professional backgrounds: we believe that everyone is creative and that you don't have to be an artist to welcome more creativity into your working life.

You will gain skills and insight into the practice of group facilitation and walk away with a toolbox of easy-to-lead activities.

Continued Professional Development for Teachers, Youth and Social Workers, Therapists, Team Leaders and Workshop Facilitators

Enquiries: training@lifebeat.co.uk
www.lifebeat.co.uk

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place here**