



Home Start

Support and friendship
for families

Feeling brave?

Abseil in the Mendips for Home-Start Bristol!

You can make a difference to the lives of families and children in Bristol – all it takes is a few steps... A few steps down to be precise, as part of our sponsored abseil. It sounds scary - but it could be the most exciting thing you will do this year; what an achievement for 2016 – and all for a good cause!

There'll be loads of us there on the day, including trustees and staff – if they can do it, surely YOU can?

Every penny really does make a difference to the families we support



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When is it?

The abseil will take place on 24th September, so there's plenty of time to get your nerve up and to raise lots of money: go on, write it in your diary now. How about getting some family and friends to take part: **please do encourage anyone that you know to register – the more the merrier!**

How much does it cost?

It's only £15 to register, and then we ask you to raise at least £100 in sponsorship. Of course the more you can raise the better, so please don't stop there – we're a small local charity, and every penny really does make a difference.

OK, I'm convinced. What now?

Just fill out the bottom of this form and send it back to us. We'll then send you further info about the day, including sponsorship details.

Home-Start Bristol

Unit 11, The Greenway Business Centre, Doncaster Road,
Southmead, Bristol, BS10 5PY.

T: 0117 9501170 **E:** abseil@homestartbristol.org.uk

Charity no. 1116207

www.homestartbristol.org.uk

- ☐ I would like to take part in the abseil and enclose a cheque for £15
(payable to Home-Start Bristol)
- ☐ I would like to sponsor a member of staff or trustee who is taking part
in the abseil and enclose a cheque for £

Name:

Signed:

Email address:

Address:

Contact number:

Disclaimer: All participants take part in the event at their own risk. Home-Start Bristol shall not be liable for any injury, illness or death of any person or persons nor for loss or damage to any property nor for any direct for any indirect or consequential loss however arising.