

# Personal Development



**BOOK NOW!**

**nbcpr84@gmail.com**

Tuesdays 9.30 - 12.30 noon

20/02/18 - 17/04/18



- Explore a variety of ways in which to change, grow and achieve your potential
- Make plans and set personal goals
- Explore future careers, educations and volunteering options

 [twitter.com/WellbeingArts](https://twitter.com/WellbeingArts)

 [www.facebook.com/Arts4Wellness](https://www.facebook.com/Arts4Wellness)

 [instagram.com.WellbeingArts](https://www.instagram.com/WellbeingArts)



Funded by:

160 Gloucester Rd, Bishopston BS7 8NT    01179246228    07742377799

[www.northbristolcommunityproject.org.uk](http://www.northbristolcommunityproject.org.uk)