

Emotional Wellbeing: Share Your Voice – Break Down Barriers

Wednesday 24 February 2016, 1.00 pm - 4.00 pm

Rose Green Centre, Gordon Road, Whitehall, Bristol BS5 7DR

time to change
let's end mental health discrimination



“Over 90% of people with mental health problems from Black and Minority Ethnic communities experience discrimination”

It's Time to Talk about mental health stigma in our local BAME communities.

Take part in identifying barriers, service improvements (particularly for men, elders and carers), and how faith communities can also address the stigma.

Help the Bristol Manifesto for Race Equality Group shape their work on mental health.

The event will include workshops, presentations, stalls and lunch.

All welcome. **Your voice is valued.**

To book your place please [click here](#) or contact Charlene Lawrence on:
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Bristol
BME Voice

Voscur
Supporting Voluntary Action

Rethink
Mental
Illness.

community
access support
service



OTR

