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***Run by the Tavistock and Portman NHS Foundation Trust &   
Gloucestershire Counselling Service Partnership***

**The Postgraduate Certificate in Child,   
Adolescent & Family Mental Well-being:   
Multi-disciplinary Practice**

**Why study this course?**

This is a unique opportunity to study on an award winning multidisciplinary course, validated by the University of Essex that will enable you to gain:

* A theoretical framework for understanding child, adolescent and family development and family functioning that will inform your practice
* Advanced knowledge, clinical capabilities and skills drawing upon psychodynamic and systemic theories
* The opportunity to undertake informed early assessment, skilful and elective preliminary work
* An understanding of how and where to refer children, young people and families for more specialised treatment whilst always having the service user perspective at the centre of your practice.

**Open Day *A FREE EVENT*  
28th April 10 am – 2 pm  
Stroud Subscriptions Rooms GL5 1AE**

Come along for an informal, enjoyable day where you can meet the tutors, ask questions & get a feel of how special it is to train with GCS before applying to study.

**Who is this course for?**

The course is for you if you are working in child, adolescent or family mental health wishing to improve your expertise.   
You may be a:

* Counsellor or psychotherapist or art therapist
* Social Worker
* Nurse health visitor
* Education professional
* Occupational therapist
* Child & adolescent primary mental healthcare worker
* Child & adolescent mental health services practitioner (CAMHS)
* Professional working with children & families in another role.

***“Truly exceptional, experienced & committed tutors – I love the Tavistock ethos - hands on,   
grounded & equal.”***



Follow us on Twitter **@GlosCounselServ**

**Find out more**

Visit: www.tavistockandportman.nhs.uk/training/courses/  
child-adolescent-and-family-mental-well-being-multidisciplinary-practice-stroud/   
or contact Katie Oliver: koliver@tavi-port.nhs.uk or Rachael Fry at GCS: 01453 766310  
 [training.bookings@gloscounselling.org.uk](mailto:training.bookings@gloscounselling.org.uk)   
www.gloscounselling.org.uk/training

www.facebook.com/GCSSTROUD

**Course Outline**

During this course, you will participate in:

• Theoretical seminars/lectures

• Therapeutic Practice, Concepts and Contexts: Applications for practice in working with children, young people and families with emotional and mental health difficulties (ModuleA)

• Introduction to child development research and presenting issues (Module C )

• Work practice discussions

• Infant observation (Modules Ba) or Family observation seminars (Module Bb)

• Experiential group

• Personal tutorials

• A four-day group relations conference entitled ‘Exploring the Complex Realities of Inter- agency Working: a Group Relations Conference’.

**Theoretical seminars/lectures (Module A & C)**

**Module A seminars** will explore and develop understanding and applied use of theoretical concepts (psychodynamic, systemic and developmental). These will be relevant to different therapeutic approaches and interventions, in working effectively with children, young people, and families, where emotional and mental health difficulties exist.

**Module C seminars** will focus on child and family development theories and research, including factors that affect mental health and wellbeing in children, young people and families and common presenting issues. Learning and teaching will take place via web-based learning and through monthly symposiums.

**Observational seminars (Modules Ba & Bb)**

These weekly observational seminars of infants, young children and/or families will draw upon psychodynamic and systemic theory respectively and develop observational skills and capabilities in this work. Students will need to choose to undertake an infant/young child or family observation module.

**Work discussion**

These weekly multidisciplinary professional practice seminars will draw on your practical work experience and aim to develop your capabilities in thinking and in practice. The aim is to integrate relevant theoretical ideas and research in order to develop advanced therapeutic practice skills in working with children, young people and families.

**Experiential group**

You will engage in experiential group learning via:

* Work discussion
* Experiential group
* Group relations conference.

During the weekly experiential group, students have the opportunity to gain an understanding of the processes at work in groups and within their own role.

All teaching takes place in multidisciplinary groups and you will have the opportunity to attend a specially designed, multidisciplinary group relations conference entitled ***'Exploring the Complex Realities of Inter-agency Working'***, looking at the difficulties and benefits of interdisciplinary and inter-agency work.

**Course delivery**

This course will be delivered at Gloucestershire Counselling Service in Stroud, or at suitable alternative facilities. Students will attend GCS at Stroud every week on Thursday afternoons, with a monthly Friday all day symposium (unless otherwise arranged for webinars). In addition, weekly web-based learning is attended online from your work or home. A personal tutor will support your professional and personal development on the course and we offer pastoral care to all our students. You will also be fully supported by the Technology Enhanced Learning Unit at the Tavistock and Portman as well as gaining full access to their world class library. It is an invaluable resource recognised globally for its specialist collection with access to approximately 5000 e-books and over 17,000 e-journals including Staff Publications Online containing over 1000 articles, book chapters and theses written by Staff and Research Students from 2007 onwards, freely available to trainees copyright permitting.

**Entry requirements**

In order to undertake this course, we ask that you:

* Hold an appropriate professional qualification relevant to your chosen career
* Have at least two years’ practical experience in working with children and families since qualification
* Have a first degree, degree equivalent, or evidence of other relevant post-registration education/ experience
* Are in a paid or voluntary post working with children and/or families experiencing difficulties be they behavioural, emotional or psychological with a remit to make a difference in your work.

**Fees and funding**

The annual fee for this course is £3,140 for Home/EU students. We are happy to offer a range of ways to pay your fees, as well as some funding for special courses. Please contact us if you have any questions.

**Find out more**

Visit: <https://tavistockandportman.nhs.uk/training/courses/child-adolescent-and-family-mental-well-being-multidisciplinary-practice-stroud/> or contact Katie Oliver at koliver@tavi-port.nhs.uk or Rachel Fry at GCS: training@gloscounselling.org.uk Tel: 01453 766 310

**Gloucestershire Counselling Service (GCS)**

GCS is a BACP accredited counselling service and the leading counselling training provider across the county delivering a substantial portfolio of training programmes from foundation level to post-graduate programmes. GCS is the largest provider of counselling services in Gloucestershire outside of the NHS and has developed a reputation for excellence, professionalism and quality. Experienced senior staff, seminar leaders, tutors and supervisors ensure the high standards of training and practice with which GCS has become associated. Visit: www.gloscounselling.org.uk

**The Tavistock and Portman NHS Foundation Trust**   
This course is an established and celebrated training programme, awarded the ‘Excellence in multi-professional education and training 2014’ by Health Education North Central and East London. The Students’ survey for 2014/15 showed 100% satisfaction with the relevance of this course to their practice. Education and training at the Tavistock and Portman is distinctive as they are one of the very few providers in the UK that can offer education and training within an NHS mental health clinical setting and other centres of delivery, such as GCS.

***“The work discussion group is incredibly useful & the discussions we have* *are rich   
& thought provoking… Experiential group has been very valuable as it has  
 helped us process much of the emotional impact on the course."***