



A MENTAL HEALTH SOCIAL MOVEMENT

8-10 WEST STREET, OLD MARKET, BRISTOL, BS2 0BH · 0808 808 9120
REGISTERED CHARITY #1085351 · OTRBRISTOL.ORG.UK

Job Pack

Therapies Team Supervisor

Thank you for your interest in this role, please find below some information to help you decide if you would like to apply. In the interests of an equal platform for all applications CVs will not be accepted, so please apply via the website. Applicants will be assessed on their ability to meet the criteria listed in the Person Specification.

We are operating a rolling application process, meaning that we will shortlist and interview as and when candidates apply. Recruitment will be closed when the positions are filled, so we recommend that you submit your application as soon as possible to avoid disappointment.

To have an informal discussion about the role, contact **Anna Pearse - anna@otrbristol.org.uk**

Role Summary

Job Title	Therapies Team Supervisor
Salary	OTR Band B+ £28,169 - £30,058 (pro rata & dependent on experience)
Hours	30 hours per week 0.8 fte
Contract	Fixed Term for 12 months
Leave	Flexible - our basic entitlement is 28 days (pro rata). However, OTR operates a flexible leave policy and you are entitled to request as much leave as you would like and need.
Pension	With The People's Pension - 3% employer contribution on qualifying earnings
Location	Based at OTR, 8-10 West Street, St Philips, Bristol, BS2 0BH and in locations across Bristol and South Glos.
Accountable to	Team Manager (Therapeutic Services)
Job Purpose	<ul style="list-style-type: none">• To provide integrative supervision to qualified and student Therapists within OTR who are working with young people between the ages of 11-25.• To provide assessments for young people accessing our one-to-one services to assess level of risk and allocate appropriately to OTR Therapists.• To provide training and reflective practices to all staff and volunteers.• To support staff and Volunteer Therapists with safeguarding and risk management.
Key Relationships	<ul style="list-style-type: none">• Team Manager (Therapeutic Services)• Volunteer Coordinator (Therapeutic Services)• Administrator (Therapeutic Services)• OTR staff and Volunteer Therapists• Young people, carers and parents.

Role Description

Supervision/ Therapeutic support	<ul style="list-style-type: none"> • To provide group supervision for Therapists working and volunteering within OTR. • To run supervision sessions daily for two hours to include three Therapists to one Supervisor. • To complete initial assessments with young people to assess suitability for allocation to OTR trainee Therapists, and safeguard and support them to ensure sure young people receive the right support. • To develop and deliver training sessions, reflective practices, information and awareness around issues young people are facing. • To work towards anti-oppressive practice and understand the implications for Therapists, children and young people, their families and the wider community. • To attend supervision of supervision. • To work with the Therapies Team Manager, Volunteer Coordinator and the Administrator to provide a safe and smoothly running service. • To offer therapy to a small caseload of young people. • To work within, and abide by the ethical framework of your professional governing body (e.g. BACP, HCPC).
General	<ul style="list-style-type: none"> • Contribute to the development of best practice within the service. • To commit to the core values of OTR, including young people's empowerment and participation. • To work within the spirit and framework of all OTR policies, governance, and delivery philosophy and to keep up to date with relevant training and professional development, especially in relation to Equality, Participation, Confidentiality, Vulnerable Adults and Child Protection and Safeguarding. • To ensure all paper and electronic personal records are managed and stored safely at all times. • To respect and maintain the confidentiality of all staff, volunteers and young people at OTR internally and with external agencies. • To work ethically and hold the best interest of the young people we support through prioritising professionalism, communication and consent, keep appropriate records and confidentiality.

Person Specification

	Essential	Desirable
Education & Qualifications	<ul style="list-style-type: none"> • A recognised counselling qualification, at least to diploma level. • Training in supervision. 	<ul style="list-style-type: none"> • Accredited by the British Association of Counselling and Psychotherapy or the UK Council for Psychotherapy. • Further qualification in working with children, young people and families. • Training in group work.

Skills & Experience	<ul style="list-style-type: none"> • Significant experience working as a Therapist with young people. • Demonstrable experience of working as a Therapist Supervisor. • Experience working with Therapists and young people from a diverse range of social, economic and cultural backgrounds. • Experience of holding group supervision and reflective practices. • Experience of assessments. 	<ul style="list-style-type: none"> • Experience of supporting student therapists. • Experience of working in a charity that offers a wide range of services. • Experience of delivering training.
Knowledge	<ul style="list-style-type: none"> • An understanding of different therapeutic modalities including an understanding of appropriate criteria for referrals. 	
Personal qualities	<ul style="list-style-type: none"> • Resilient; able to model good self care. • Values led with a personal commitment to equality, diversity, social justice and change. • A strong personal interest in and commitment to the mental health and wellbeing of children and young people. 	

About us

What We Believe

- We believe that our offer should be inclusive of all cultures and identities
- We believe that young people have unique strengths, interests and circumstances
- We believe that the world around us impacts our wellbeing
- We believe in placing young people at the heart of our work
- We believe in innovating and evolving to improve our offer for young people
- We believe that relationships are what make the difference
- We believe in the power of partnerships

What We Value

- Collaboration
- Diversity
- Learning
- Sharing
- Participation
- Self-efficacy
- Self-care
- Transparency
- Agency
- Creativity
- Social Action
- Pragmatism

How We Behave

- We're accommodating
- We're integrated
- We're thoughtful
- We're supportive
- We're open
- We're resourceful
- We're resilient
- We're communicative
- We're independent
- We're imaginative
- We're motivated
- We're adaptable