

# Volunteer Role Profile

Volunteer Role	<b>Peony cook</b>
Volunteer Manager	<b>Kathryn Manners</b>
Where you will be based	<b>Community</b>

## Why we want you

Our volunteers provide a massive amount of support here at One25. Join our team of over 120 fantastic volunteers and share your skills running our drop-in sessions, Peony, Pause, the outreach van, fundraising and helping in the office. All volunteers receive a package of support including ongoing training and supervision.

## What you will be doing

- Cooking a meal from scratch for 6 - 15 people.
- Having client-led conversations with women accessing the project.
- Supporting women to prepare food and drinks in the project.
- Creating a homely, relaxed atmosphere, and organising and cleaning the project space. This involves helping to tidy project at the beginning of a shift and taking on a duties such as cleaning the kitchen.
- Take direction and instructions from project staff.
- Communicating clearly to project staff around any safeguarding concerns you have about women accessing the project, and sharing other relevant information at the end of each shift during the debrief.
- Being clear and firm with women around boundaries and project rules.

## The skills you need

- Cooking skills.
- Ability to keep personal boundaries when working with vulnerable women.
- Effective communication skills.
- Good listening skills.
- Empathy.
- Non-judgmental.
- Ability to remain calm in a stressful situation or when there is a conflict.
- Ability to take instruction and direction.
- Reliable & punctual.
- Good initiative.
- Team working skills.

## What's in it for you

- Positively affect the lives of the women who use our services.
- Be a part of a friendly team who will support you every step of the way.

- Make friends and meet a diverse group of like-minded people.
- Develop your confidence and interpersonal skills.