

For more information, advice and support:

Call

For Bristol Mental Health Employment Service
0117 923 2741 (9am–5pm, Monday to Friday)

Email

enquiry.bmhemployment@richmondfellowship.org.uk

Visit

bristolmentalhealth.org

This service is free, impartial and confidential

Bristol Mental Health Employment Service works along side the service that make up the Bristol's Mental Health Services, and also works across North Somerset and South Gloucestershire.

Website bristolmentalhealth.org.



Bristol
Mental
Health

employment
service

mhm
mentalhealthmatters™

**Bristol Mental
Health
Employment
Service**

**Support to
find or stay
in work**

Who can we help?

Anyone who:

- has a mental health support need or condition
- is over 18
- wants to find or stay in employment
- lives within the Bristol city boundary, North Somerset & South Gloucestershire – or has a GP in any of those areas.

If you've been off work due to your mental health and want to get back into employment, we can help you to do this in a way that's good for your wellbeing.

If you're experiencing a mental health problem such as stress, anxiety, depression or other conditions for which you have sought support from mental health professionals, we can support you to stay in work.

We also work with employers to raise their awareness about mental health in the workplace and what they can do to support their employees.

How to get support from us

You can contact us directly if you need support.

Call: 0117 923 2741

email: enquiry.bmhemployment@richmondfellowship.org.uk

When you call or email someone will offer support and advice right away and complete a referral form with you if you need more on-going support.

For information or advice visit:

bristolmentalhealth.org/services/employment-service

The support we offer

We offer support to

- find paid work
- become self-employed
- build confidence
- write a CV
- practice interview techniques
- approach employers
- get advice on career development and training plus much more.

Our Employment Advisors work Monday to Friday 9am until 5pm. Out of hours work is available by arrangement. We can meet people in their local communities such as in cafes, libraries, community centres, or GP surgeries.

We work closely with other services in Bristol Mental Health, South Gloucestershire and North Somerset and mainstream employment services to ensure we provide the right support for individuals.

We offer person centred support, helping individuals to develop personal action plans which focus on their strengths, skills, values, aspirations and opportunities.

The service is run by richmondfellowship.org.uk in partnership with mentalhealthmatters.com both national providers of mental health support.

We're also working in partnership with somalicentre.co.uk and windmillhillcityfarm.org.uk to maximise local opportunities and meet the needs of Bristol's diverse communities.